

About our director

I am Sarah Meisel and I am the Director of Sprouts Preschool. I grew up in Hurst and graduated from L. D. Bell High School. I was a Raiderette Lieutenant and involved in Young Life. After high school I was a nanny for three girls for four years. I went on to the University of North Texas where I received a BA in English Composition.

While in college I worked at a preparatory school teaching three year olds, I taught dance to students 18 months and up, and I substituted in the HEB ISD. I was a teaching assistant in the Behavioral Intervention class at Hurst Jr. High as well. I served as Reading Department Chair while teaching English TAKS to 9th, 11th, and 12th graders at Irving High School.

During the 2007-2008 school year, I taught 2 year olds at mother's day out and felt the Lord was leading me to begin a preschool at my home church. I am excited about directing at Sprouts and teaching your child about Jesus.

I joined FBC Hurst when I was 14 years old and am excited about being a part of a new ministry for the little ones and their families. I now reside in Bedford with my loving husband, Rick and sweet boys Kaden (4yrs), and Hudson who was born in March 2010.

My name is Stacy Roach. I live in Hurst with my husband Nathan, 4 year old son Dylan, and 1 year old daughter Natalie. I graduated from L.D. Bell High school in 1999 and went on to get my Bachelors Degree in Biology at Texas State University in 2003. I have always enjoyed working with kids and demonstrating God's love to them.

It all began when I was 12 years old and I was the helper at my church nursery, I knew then I wanted to work with kids somehow when I grew up. After college graduation, I then went on to the corporate world and worked as a Sales Coordinator until my son was a year old. At that time I realized that I did not want to miss out on being a mommy full time to him so my husband and I prayed about it and came to the conclusion that I would be a stay-at-home mom.

Once I found out about Sprouts opening and having teacher openings I decided that that might be an answer to my prayers and a happy medium of working and staying at home. I will be teaching the 3 year old class this year and taking on the duty of Assistant Director. Watching the children change throughout the year and teaching them new things was so much fun. I am very excited to pour into each child's life all that I can and can't wait for another GREAT year at Sprouts Preschool.